



In the spring of 2006, Therapeutic Riding of Tucson began its collaboration with the Southern Arizona Veterans Administration Health Care System to establish a program of recreational therapeutic riding for injured US Veterans in the Tucson region. "Heroes on Horses" is the first program of its type at a NARHA Premiere Accredited Center – a program of weekly therapeutic riding lessons to prepare Veterans to seek recreational riding opportunities with family and friends in a variety of environments.

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The "Heroes on Horses" program was the subject of the April 2007 episode of *The American Veteran* filmed by VA Productions of Washington, DC for airing on The Pentagon Channel. TROT was identified as a resource for other riding centers seeking to establish a similar program.

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Join TROT for a "how-to" and "hands-on" workshop on creating and sustaining a program for injured Veterans – our "Heroes on Horses."

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TOPICS INCLUDE:

Horses & Tack

What Volunteers Need to Know

The Importance of Creating Partnerships

PTSD

Funding the Program

Publicity

Experiential Learning

Traumatic Brain Injury

Hearing/Sight Impairment

Spinal Cord Injuries

Friday/January 8 8:30 am – 4:30 pm

LA MARIPOSA Resort

The TROT Program

History and structure of the TROT program
Preparing volunteers • Including Families Too

Creating Professional Partnerships

Post Traumatic Stress Disorder

How do we recognize its effects

Panel Discussion with Veteran Riders

Say Howdy, Partners! 5:00 – 6:30 pm

A get-acquainted social at the TROT Ranch

Saturday/January 9 8:30 am – 4:00 pm

TROT RANCH

The TROT Way

Horse Training from the Wheelchair

Walking in their Shoes

Arizona Schools for the Deaf & Blind training team
experiential workshop

From Dependant to Independent

Demonstration Lesson

The Family

The Practicum of Experiential Learning – real life
scenarios

Sunday/January 10 8:30 am – 1:00 pm

LA MARIPOSA Resort

Funding/Financing a Veterans Program

Southern Arizona VA Healthcare System

The Evaluation Process

Traumatic Brain Injury

Spinal Cord Injuries

Mary Vardi, TROT Director of Instruction

is uniquely qualified to guide this program through her previous work with veterans of the Israeli Army in her position as Program Director of the Therapeutic Riding Program of Kibbutz Hatzor. Mary is a Masters Level Certified Riding Instructor from the Wingate Institute of Israel with more than 20 years experience in instruction and training.

Nancy McGibbon, MS, PT, HPCS

A TROT co-founder and licensed physical therapist, Nancy has many years experience working with clients who have had traumatic injuries. She has completed four major research projects on the effect of equine movement upon patients. This research lays the foundation that supports the effectiveness of therapeutic horsemanship and hippotherapy. Nancy is the 2007 recipient of the NARHA James Brady Professional Achievement Award.

Steven Price, M.S.W., PhD.

Is a Psychotherapist in private practice and the. Local Recovery Coordinator and Evidence-based Psychotherapy Coordinator for the VA Health Care System in Cheyenne, WY. He is developing curriculum and providing services to returning Veterans and their families. Dr. Price has over 30 years experience as an educator, speaker, and therapist.

Sierra Ohrel, MA., LPC, NARHA

Advanced Certified Instructor, & Barbara Rector, MA, CEFIP-ED, illustrate how individuals can interact positively with horses and gain empowerment through experiential activities.

Mary Jo Beckman: NARHA Horses for Heroes Task Force

Staff: Arizona Schools for the Deaf & Blind
Staff: So. AZ Veterans Administration Health Care System

CONFERENCE FEE: **\$375**

Conference Limited to 60 Attendees

Please register early!

Non-refundable Registration Deposit: **\$50**

Name _____

Address _____

City, State, Zip _____

Phone _____

e-mail _____

Center _____

Your position _____

Make \$50 deposit check payable to:

TROT

8920 E Woodland Road

Tucson, AZ 85749

(520) 749-2360

MasterCard or VISA also accepted. Please call (520) 749-2360 to process a phone authorization credit card charge.

Fee includes continental breakfast on Friday, Saturday and Sunday with lunch and social mixer on Friday, and lunch on Saturday. Hotel, transportation and Tucson visitor information will be provided to accepted registrants. Conference will be cancelled if there are less than 30 participants.



**A Conference for Therapeutic
Riding Centers seeking to
establish or enhance a program for
injured US Veterans**

POSTIVE PROGRAM PARTNERSHIPS

**Friday • Saturday • Sunday
January 8 – 10, 2010**



**Presented by:
Therapeutic Riding of Tucson
Tucson, Arizona**

**Conference Supported by:
Moritz Foundation**