You are cordially invited to attend the

2017 HEARTS & HORSES Gala
Saturday ♦ April 1, 2017

To benefit Therapeutic Riding of Tucson
Loews Ventana Canyon Grand Ballroom
7000 N. Resort Drive ♦ Tucson, Arizona

Commencing at 6 p.m., enjoy hosted champagne or specialty cocktails and hors d’oeuvres while making your bids at one of the most exciting silent auctions in town.

Gourmet Dinner & Dancing to East2West

Live Auction Highlights:
◆ Tuscany Vacation for six at a Private Villa
◆ “Equus” framed original oil painting by Bill Moomey, whose art is represented in 15 countries
◆ Extraordinary catered four course gourmet dinner for ten with wine pairings, prepared in winning bidder’s home
◆ Five night stay in well appointed 2 BR, 2 BA condo in beautiful Breckenridge, Colorado
◆ An Evening with the Pima County Sheriff’s Department’s Canine Unit

Semi-formal attire requested
$200 PER PERSON ($115 is tax deductible)
Complimentary Valet Parking
RSVP by March 24, 2017

Changing Lives, One Stride at a Time

To Attend: Purchase your ticket today by calling (520) 749-2360, x600.
Payable with: Visa, Mastercard, American Express or by personal check.
Mail to: TROT ♦ 8920 E. Woodland Rd. ♦ Tucson, AZ 85749
While growing up in Las Vegas, **Luke Van Vessem** had a special childhood friend who, despite her disabilities and multiple surgeries, was kind and sweet to everyone around her. Remembering her, Luke comments that she could light up a room with just her smile, always cheering up others when they were down.

There was an organization similar to TROT in Las Vegas that brought **Jessica** much pleasure. Horses, live, stuffed, or on the silver screen were a large part of her life. She adored them and was grateful for the therapeutic relief they provided for her and other children with similar needs.

Luke remained in contact with Jessica after he moved to Tucson. Older and faced with the challenge of earning his Eagle Scout rank, he chose a project in her honor: to build a tack storage shed for TROT. This project required Luke to raise all the necessary funds, and provide the leadership, planning and execution. He enlisted the help of friends to assist with construction.

Thanks to Luke, TROT’s tack and gear is now organized and ready for the next tack sale.

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**From the Executive Director
Sandi Moomey**

The 2017 Hearts & Horses Gala, Saturday, April 1, celebrates its 17th year of helping TROT riders. Last year, more than $100,000 was raised to advance our therapeutic riding programs, as well as the care of our therapy horses.

For TROT, the success of this fundraiser helps to maintain riding fees at an affordable level for families with special needs. In order to keep costs within reach of most families, **tuition fees cover only 31% of the real cost of our services.** Charitable donations subsidize every riding session. TROT serves children of all economic backgrounds, but a special effort is made to reach low-income families where the need is the greatest. Despite low fees, approximately 30% of the children enrolled each semester receive financial assistance to cover the cost of tuition. In addition, TROT’s Heroes on Horses program for disabled veterans is supported entirely through charitable gifts, since veterans are never charged fees for services.

We are grateful to those who will ensure a dynamic evening and enable us to meet our goals at this year’s Hearts & Horses Gala: Presenting Sponsor, **The Donegan Burns Foundation**, our many table sponsors, auction donors, volunteers, and loyal supporters. Together, we will continue to change lives, one stride at a time.

*Call now to reserve your place at the Hearts & Horses Gala, 520 749-2360 x600. If you’re unable to attend, please consider making a gift in support of the event.*

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**Longtime Friend Inspires Project**

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**TROT Rider Honored**

TROT rider, **Morgan Spies**, and her family presided at the December holiday tree lighting at Loews Ventana Canyon.
WINNER’S CIRCLE

OUT-PATIENT CLINIC

Allyson first came to TROT in September. She immediately loved her horse, Nutella. When she began physical therapy here at TROT, she had stiffness in her muscles, poor balance and strength. She now has improved her balance and is able to go up and down the stairs on her own. Allyson’s mother noted that the biggest change is in her speech, stating, “I noticed her motivation with her speech, she expresses herself more and is more independent.” Allyson always has a smile on her face and eagerly says “go” to Nutella.

THEРАЕUTIC RIDING PROGRAM

Porter began riding at TROT in 2006 in our hippotherapy program. The past 11 years have been an incredible journey for Porter. He has transformed from a child who was unsure of horses and who struggled with balance and coordination, to a natural rider and horse person who rides independently at the walk, trot, and canter. Porter’s last year at TROT has been filled with milestones. In just a year, he has transitioned from learning to trot on the lunge line to performing off-lead posting trot and sitting trot, riding complicated patterns at the trot, including circles and changing directions across the diagonal, and cantering. Porter has become adept at round penning horses, and he can correctly and effectively school a horse in all gaits in the round pen. Recently, Porter began volunteering at TROT, and he spends his Saturday mornings cleaning stalls and helping out around the barn. We strive to see riders become well-educated horse people, and we love it even more when they choose to give back to TROT through volunteering. Porter is a true TROT success story, and we look forward to his achieving even more of his goals. Next up is jumping!

HELP TROT WHEN YOU SHOP AMAZON

Do you shop Amazon on a regular basis or during the holidays? With everything you purchase through Amazon Smile, TROT receives a donation of .05%. It may not sound like much, but it adds up! Simply go to Smile.Amazon.com and select Therapeutic Riding of Tucson as your charity of choice.
Another great event for TROT! The Cottonwood Grove of the Tanque Verde Guest Ranch was the setting for Horsin’ Around on a warm October 2016 evening. More than two hundred guests attended the music-filled night, raising more than $27,000 for TROT’s life changing programs. TROT is very grateful for the generosity of its supporters.

Highlights of the evening included the creative “Tubs Galore” silent auction and a diverse selection of live auction items that included an original painting by Diana Madaras done in collaboration with Emily Othon, a TROT rider, and Skittles, one of TROT’s horses. The live auction also featured Kellie Barrera Avery’s hand-crafted quilt, made especially for the occasion; a framed digitally enhanced photo by Vicki Barrett, and a two night stay at Tanque Verde Guest Ranch. Thanks to Paul Ramirez and his professional auction team for the excitement and success of the auction. After a bountiful barbeque dinner, everyone danced under the starlit night to the country western music of “Clear Country.”

Mark your calendar now for this year’s Horsin’ Around
Sunday, October 15, 2017
If you have been in the TROT community for any length of time, chances are you know Bonnie Beckmann who has been volunteering at TROT for more than 38 years. Bonnie has named TROT as a beneficiary in her will because she respects and admires the work of TROT and wants to help ensure TROT’s legacy for years to come.

Bonnie encourages others to consider naming TROT as a beneficiary when preparing an estate plan, an easy way to allocate money to an organization you already support. The next time you update your will, trust, or life insurance policy, consider adding TROT as a beneficiary. Your attorney, estate planner, life insurance agent, or financial advisor, can show you how easy it is to make a gift from your estate. Your vision and generosity will help to ensure TROT continues to provide life-changing support for people with special needs and disabilities.

If you have already named TROT in your will or estate plan, please let us know. Email or call Sandi Moomey at smoomey@trotarizona.org or 520-749-2360 x601.

**Pasture Planning**

For any number of reasons, pastures can be weakened, especially by heat stress during the summer months. Since the successful reseeding of our pastures, the TROT herd has been happily grazing on green grass. A special thank you goes to volunteer Vern Sheehan for managing the reseeding process.

To be kept mentally sound, the TROT horses must be provided with time out of their stalls and in pastures to “just be horses.” TROT acknowledges the demands that are required of therapy horses. We believe in implementing a schedule and an environment that promotes physical and mental stimulation outside our lesson program. Green pastures provide opportunities for the horses to decompress between lessons.

**You’re Invited**

When: Sunday, May 21, 2017  2 p.m. to 6 p.m.
Where: THE MAVERICK LIVE COUNTRY CLUB
6622 E. Tanque Verde Rd., Tucson

Enjoy two live bands for your dancing pleasure with raffles and door prizes for added fun. The cover charge of $10 per person goes directly to TROT. Thank you, Maverick, for opening your doors to us!

**TROT Mission**

To enrich the lives of people with special needs using equine-assisted activities and therapies to improve physical, mental, social and emotional well-being.
TROT has been fortunate to have many individuals and groups show their support for our organization over the years. Dedication, devotion, and commitment are words that come to mind when thinking of TROT volunteers. Whether their time is measured by the leadership they provide, volunteering as horse handlers or side walkers, assisting in the maintenance and improvement of TROT’s property, or facilitating in general operations and fundraising events, the wide-ranging show of support for TROT is immeasurable. We are grateful to each one of them for their unwavering loyalty and service. Our heartfelt thanks to all of you!

**Active Volunteers 2015-2016**

- **Board of Directors**
  - Laurel Brown, President
  - Hal Byrd
  - Brian Chase
  - Pat Davitt
  - Pat Goehrig, Secretary
  - Tom Grissom
  - Debra Haddock
  - Steve Hester, Vice President
  - Tom Keck
  - Barry Knutson, Jr.
  - Paula Madden, Treasurer
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  - Diane Mulligan
  - Marla Skinner
  - Vicky Zoerb
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- Blair, Gayle
- Bluemke, Megan
- Bond, Debbie
- Bonner, Jim
- Bottolfson-Mathis, Kristina
- Boyett, Jennifer
- Bracken, Liz
- Bradley, Rachel
- Bradley, Mary
- Breining, Michael
- Brown, Frank
- Brunson, Anna
- Bryant, Grace
- Butler, Doug
- Byron, Patricia
- Cade, Kiser
- Cappelli, Alexandra
- Carnovale, Patty
- Castillo, Andrea
- Charlton, Amy
- Chmel, Kim
- Church of the Nazarene, Oro Valley
- Claiborne, Harriet
- Clark, Jacques
- Clark, Amy
- Cole, Taylor
- Cornell, Kristi
- Cromey, Karen
- Cromey, Mark
- Cromwell, Wyn
- Crosswell, Nicole
- Crosswell, Patti
- Crouse, Linda
- Cutler, Deb
- Cutter, Kerrah
- Daglio, Evan
- D’Alola, Candy
- Daly, Kennedy
- Daubert, Claire
- Davenport, Jamie
- Davey, Rachael
- Day, Nancy
- DeBarbieri, Liliana
- Denny, Gary
- Disbrow, Karen
- Douglas, Hannah
- Down, Linda
- Drake, Linda
- Dreyer, Cheryl
- Duqmag, Samantha
- Dye, Judy
- Hall, Diane
- Hansbrow, Karen
- Down, Linda
- Drake, Linda
- Dreyer, Cheryl
- Dye, Judy
- Ellis, Amanda
- Elwood, Mary Ann
- Figueroa, Marissa
- Fix, Ed
- Frankel, Marissa
- Franz, Peg
- Fristoe, Dan
- Frost, Teri
- Galloway, Diane
- Ganem, Audrey
- Gill, Angela
- Girl Scouts
- Glazare, Seth
- Godwin, Nancy
- Goode, Gail
- Gordon, Dominick
- Graham, Amanda
- Graham, Marjie
- Griffin, Cathy
- Grissom, Linda
- Grossman, Linda
- Guzan, Michael
- Halevi, Lison
- Hall, Diane
- Hansbrow, Karen
- Down, Linda
- Drake, Linda
- Dreyer, Cheryl
- Dye, Judy
- Ellis, Amanda
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- Griffin, Cathy
- Grissom, Linda
- Grossman, Linda
- Guzan, Michael
- Halevi, Lison

Abbs, Peggy
Amelia Skinner Photography
Altemus, Maria
Altemus, Gloria
American Legion, Unit 132
Women’s Auxiliary
Anway, Carrie
Baehler, Barbara
Baker, Minnie
Baker, David
Baker, Taylor
Baldwin, Ann
Ballard, Glenn
Bambauer, Teri
Bambauer, Ashley
Barber, David
Beaufchamp, Doc
Beckmann, Bonnie
Bell, Gwen
Ben-David, Simon
Ellis, Amanda
Elwood, Mary Ann
Figueroa, Marissa
Fix, Ed
Frankel, Marissa
Franz, Peg
Fristoe, Dan
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Gordon, Dominick
Graham, Amanda
Graham, Marjie
Griffin, Cathy
Grissom, Linda
Grossman, Linda
Guzan, Michael
Halevi, Lison
Irby, Bruce
Jackson, Ruth
Jackson, Mariah
James, Jennie
Janis, Jill
Jansa, CJ
THANK YOU TROT VOLUNTEERS

Jeong, Annie
Johns, Janet
Johnson, Cindy
Johnson, Peggy
Johnston, Joy

Marsh, Ann
Mason, Aida
Mayhew, Dianne
McAlpin, Dennis
McClain, Grace
McDaid, Hannah
McElroy, Cathy
McFadden, Eileen
McGibbon, Nancy
McKenzie, Sarah
McKenzie, Jackie
McLaughlin, Damhait
McNall, Emma
McNellis, Paula
Medcoff, Lori
Medcoff, Rylin
Meese, Sally
Miller, Lauren
Minjarez, Carlos
Mitchell, Rob
Modaff, Mary
Monahan, Jack
Monahan, Pat
Monda, Mike
Montes, Joseas
Morris, Scott
Morter, Vicky
Morton, Cheryl
Munjak, Timothy
National Charity League
Neubauer, Jan
Noel, Em
Noel, Becky
North, Sheryl
Olson, Carrie

Parks, Isabella
Payson, Taylor
Peoples, Ken
Perin, Robin
Pima Medical Institute
Poppino, Lori
Purdy, Sean
Reagan, Moira
Rees, Debbi
Rehwaldt, Stephanie
Reid, Laura
Revis, Rich
Reyes, Jill
Ricci, Matthew
Rivera, Kaylee
Roberts, Marissa
Rockefeller, Allison
Roehrick, Terri

Ott, David
Ott Family YMCA
Women’s Group
Owaski, Linda
Parks, Alison

Spontak, Harry
St. Michael’s Catholic School
Stangl, Pipper
Stark, Jayme
Steenland, Ann
Stephens, Mackenzie
Streitfeld, Sophia
Strong, Evye
Suhak (Brocavich), Sandy
Sunkist 4H
Suomela, Adele
Swindorf, Nancy
Tate, Bud
Taylor, Joanne
Temple, Judy
Tocco, Judy
UA Ethics Class
VanZele, Roger
Vaughn, Amelia S.
Vaughn, Zella
Wachter, Sue
Walden, Cynthia
Webb, Trudy
Wegner, Graham
Wegner, Benjamin
Westfall, Susan
White, Susan
Whitmore, Jeff
Williams, Don
Williams, Jessica
Williams, Kay
Willour, Bailey
Winekel, Fran
Winker, Jessica
Witt, Ryan
Woods, Marion
Worthen, Diana

If we have inadvertently made an error, please contact TROT at (520) 749-2360 x612 or email volunteer@trotarizona.org with corrections. It is very important that our volunteers are properly recognized.
Please make your gift to TROT today and give life-changing opportunities to special-needs children and adults.

Make a charitable gift to TROT and reduce your Arizona income tax, dollar-for-dollar.

Here’s how it works:

1) Donate to TROT and receive an Arizona Qualifying Charitable Organizations Tax Credit of up to $400 filing as a single or up to $800 if filing a joint return. Help those in need and donate at zero cost to you. You can take advantage of a charitable tax credit and a school tax credit in the same year.

2) Make your 2016 gift any time before April 15, 2017. Call TROT (520) 749-2360 x600, or visit www.trotarizona.org to donate by credit card. Or, send a check payable to TROT, 8920 E. Woodland Rd., Tucson, AZ 85749.

3) Claim the credit when you file your 2016 Arizona tax return. You do not have to itemize your deductions in order to claim this credit. It’s that simple!